

Course Outline and Details

Course Code	CL62325A	Title:	Calming Craft: Card Making
Time and duration		Location	
Start Date:	12 February 2024	Aveley Family Hub	
Start Time: 10:00	End Time: 12:00	Stifford Road	
Start Day:	Monday	Aveley	
No. of Lessons:	1		
No. of Weeks:	1	Essex	
Total No. of Hours:	2.00	RM15 4AA	E: info@tacc.ac.uk

Description

Learn some basic techniques for creating a beautiful card for Valentines Day, Mother's Day or another special event.

Entry Requirements

None

Learning Outcomes

By the end of the workshop you will;

*have used craft as a means to support your wellbeing.

*be shown how to create a craft item relating to the workshop theme.

By the end of the workshop you will have looked at ways to take responsibility for your own health and wellbeing and identified areas to concentrate on to improve these areas.

Resources/Equipment

Please be aware that although the course is free (and resources are usually provided) you may be required to bring/purchase some minimal resources. Details will be confirmed closer to the start date via text message.

Please bring the following to the first class:

* Pen

* Note paper

Progression

Other wellbeing and/or craft courses.

Other courses with TACC

Health/Medical Conditions

Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

The College wants to make sure every learner has the best chance to achieve their full potential. If you need any help or support on your course, and you have not told us already, please speak to your tutor or email TACC@thurrock.gov.uk and a member of staff from our Learner Experience Team will contact you. Everything you tell us is in confidence and we will only use this to help you on your course.